SWIMMING YEARS 3-6

A reminder that students will have a one hour lesson each week for half of the term. The dates your child will be swimming are highlighted below:

Friday 6th, 13th, 20th, 27th February

Friday 20th February, 6th, 13th, 20th March

Thursday 5th, 12th, 19th, Friday 20th, 26th February

Friday 20th February, Thursday 5th, 12th, 19th, 26th March

Things to Remember

Students are to apply sunscreen prior to the lesson. A rashie is encouraged but is not compulsory. Girls need to wear a rashie if they are wearing a bikini. They should have their own goggles which have their name clearly labelled on them. A swimming cap is recommended especially for those with longer hair; or alternatively have hair tied back. If your child forgets his/her swimming gear, I have spares that can be borrowed. These need to be taken home, washed and returned ASAP. If your child is not able to swim due to illness or injury, please send a note along to let me know.

Assessment Change - Victorian Water Safety Certificate

From 2015, all students at Sorrento Primary School will be aiming to achieve the Victorian Water Safety Certificate. This was created by Life Saving Victoria in conjunction with the State Government. The certificate signed by the Premier of Victoria outlines the minimum swimming and water safety skills that students exiting primary school should achieve as recommended by the industry.

The goal for all students at Sorrento is to achieve this by the time they finish primary school. Previous certificates and levels that I have followed have now been out-dated. Sorrento has many strong swimmers and therefore I envisage many students will pass this certificate prior to the end of primary school. Once students have achieved this certificate, they will continue to refine all their strokes and focus strongly on survival skills including more complex rescues.

School Swimming Carnival

The Year 3-6 Swimming Carnival will be held on Friday 20th February. A note explaining this further will go home shortly. Students may want to practise in their own time in anticipation for this.